Austin Recovery's Mission

We provide effective, affordable and compassionate chemical dependency treatment to all those seeking recovery

Priced For You

Through the support of the community and generous gifts from our sustainers, we offer the highest quality services for some of the most affordable prices in the country. We also accept a variety of insuranceoptions. If you don't have insurance, you may qualify for cash discount rates as low as:

Detox **$525/day***

Short-Term Programs (Awakening & Voyage)

Daily Rate $295/day

Average Price for 30 Days $8,850*

Long-Term Programs (Journey & Family House)

Daily Rate $250/day

Average Price for 90 Days $22,500*

Outpatient

(6+ weeks) $3,200

*Length of stay is individualized and determined by medical and clinical necessity.

For Admissions

512.697.8600 or 800.373.2081

austin recovery

WHERE THE HEALING BEGINS

8402 Cross Park Dr. • Austin, TX 78754

512.697.8600 • austinrecovery.org

Blog: austinrecovery.org/blog

Facebook.com/AustinRecovery

@austinrecovery

Directions to our Admissions Office at 8402 Cross Park Drive

Take IH-35 to Hwy 183 South. From Hwy 183, take the Cameron Road exit. Turn left on Cameron Road, and go to the 2nd light, which will be Cross Park Drive. Turn right on Cross Park, and proceed one half mile. Austin Recovery will be on the right.

AUSTIN HEALTH kxan.com

United Way Partner Agency

St David's Foundation

A&E As Seen on A&E's Intervention

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Effective
Affordable
Compassionate
Treatment

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WHERE THE HEALING BEGINS

Austin Recovery is a non-profit drug and alcohol treatment center that provides effective and compassionate chemical dependency treatment at very affordable rates. Our comprehensive treatment model aims to bring about the in-depth cognitive, behavioral and spiritual changes essential for overcoming addiction. We help our clients access recovery through individual and group counseling, an evidence-based curriculum, innovative experiential therapies and 12-Step work. Our residential programs offer clients the safe and supportive environment needed to make the healthy changes that recovery requires. We provide gender-specific programs for men and women, with both privately and publicly funded tracks available.

Detoxification

Under the direction of our Board certified Addictionologist and Psychiatrist, clients receive around-the-clock medical care while safely withdrawing from all mood-altering chemicals. Length of stay averages from five to seven days.

Awakening and Voyage Programs (30 days)

Each client works with their primary counselor to develop an individualized treatment plan with specific goals to help them build the healthy coping strategies and life skills necessary for a sustainable recovery. Along with services provided through our comprehensive treatment model, clients also participate in recreation, family visitation and community-based recovery events when appropriate.

Journey Program (90+ days)

Our Journey Program builds on the foundations laid in the Awakening and Voyage Programs with more advanced evidence-based lectures, increasingly explorative individual, group and family therapy, identification and resolution of triggers for relapse, and a focus on gradually re-integrating into society and the workforce free from the chaos of drug and alcohol abuse. Studies show that most clients (particularly those with a history of relapse or requiring improved life skills) often benefit from longer-term treatment. Included in the cost of the Journey Program is participation for up to two loved ones in Austin Recovery's intensive Family Experience program.

A Full Continuum of Care

Family House Program (90+ days)

Realizing that family obligations are often a barrier for mothers seeking treatment, our Family House program allows women to bring up to two children under the age of six with them into treatment. Children attend therapeutic child care during the day, allowing mothers to concentrate on recovery and participate in a full treatment schedule.

Afternoon and evening activities focus on rebuilding family systems, modeling parenting skills and learning appropriate responses to stressful parenting situations. Intensive case management and a hands-on parenting curriculum help mothers establish healthy family dynamics and durable recovery lifestyles.

Outpatient Services (6+ weeks)

Outpatient treatment helps clients create a stable environment by giving them structure and support while they establish a solid foundation for long-term recovery.

Family Experience

When you, your child, and other family members and loved ones are involved with an addicted person, it can be overwhelming. You may feel confused, helpless, angry and frustrated. We have a resource for you – Austin Recovery's Family Experience! Addressing the needs of family members and other loved ones is essential to their health and that of the addicted person. The program helps participants learn how addiction may have affected them. In understanding how the loved one's own beliefs and experiences shape their behavior, new and healthier ways of coping can be identified. Participation for up to two loved ones is included in the cost of the 90-day Journey Program.

Serving Families in Need Since 1967

Additional Programs Include: Community Education · Alumni Program · Family Education · Multiple Family Group · Aftercare · Volunteer Program